



PORMPUR PAANTHU NEWS WEEK

Issue 153: Monday 27 May 2023

Domestic and Family Violence Prevention & Awareness Month

Every May Pormpur Panthu Aboriginal Corporation marks Domestic and Family Violence Prevention & Awareness Month.



National Sorry Day 2023

PPAC invites Pormpuraaw community to remember this day. National Sorry Day is a day to acknowledge the strength of Stolen Generations survivors and reflect on how we can all assist in healing all the people who have been affected by this event.

When: Monday 29 May

Where: Boomerang Building

Time: 10am to 1pm

"It's in our control to end coercive control."

In a relationship if a partner tries to manipulate your emotions in order to get you to change your mind or deliberately try and convince you to do what they want, that's coercion.

Coercive control is behaviour aimed at dominating and controlling another, and is mainly perpetrated by men against women.

MONDAY

TUESDAY

WEDNESDAY

29 Women's Group Activities 6-8pm	31 LAST WEEK!	31 Closing Day Parade & BBQ Lead by Men's Support Services	NATIONAL RECONCILIATION WEEK 2023 BE A VOICE FOR GENERATIONS 27 MAY — 3 JUNE NRW.RECONCILIATION.ORG.AU #NRW2023 Lead by SEWB team
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OUR COMMUNITY NIGHT PATROL SERVICE WILL OPERATE EVERY DAY DURING THE DV AWARENESS MONTH.

Candlelight Vigil draws big crowd

"A candlelight vigil is a powerful ritual of remembrance," Meredith Arkwookerum told more than 200 people at this year's PPAC highlight event for Domestic & Family Violence Prevention & Awareness Month last Monday evening.

"The vigil is held every year to raise community awareness and to send a clear message that violence in families and homes will not be tolerated," she said.

The remaining events for the month will be held this week, as we move into Reconciliation Week.

Everyone is welcome to the Closing Day Parade and BBQ on Wednesday.



Pics by Christine Howes

MORE PICS NEXT PAGE...



**Pormpur Parr-ir Pama & Parr-ir Paanthu (Youth Program) @ the Hall
Timetable for Age 12 to 24**



Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 10am	Healthy Breakfast & Exercise: • Youth Breakfast	Healthy Breakfast & Exercise: • Youth Breakfast	Healthy Breakfast & Exercise: • Youth Breakfast	Healthy Breakfast & Exercise: • Youth Breakfast	Healthy Breakfast & Exercise • Youth Breakfast
10am to 11am	Gym Session 16 – 24 years only	Gym Session 16 – 24 years only	Gym Session 16 – 24 years only	Gym Session 16 – 24 years only	• Outdoor Activities
11am – 12pm	Help with forms • ATO • Blue card • Other forms	Arts & Craft Time	Help with forms • ATO • Blue card • Other forms	Arts & Craft time	Out on Country TRIP
12pm – 1pm	Closed for Lunch	Closed for Lunch	Closed for Lunch	Closed for Lunch	Lunch out on Country
1pm – 3pm	Youth Cooking (Recipe Changes Weekly)	Afternoon Tea with..... • Yarn about Health and Wellbeing Matters	Youth Cooking (Recipe Changes Weekly)	Afternoon tea with..... • Yarn about Health and Wellbeing Matters	
3pm - 4:30pm	Freestyle Ball Games	Indoor Cricket	Dodge Ball / Movie Night	Freestyle Ball Games	
4:30pm – 5pm	Closed for Packing up/Cleaning Up				
	Movie Session: Fortnight Wednesday (3pm to 4:30pm)				
	Monthly Disco – 6pm to 9pm – Last Friday of each Month				

**ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY**